## **Telegraph Road Clinic**

Your local family Doctor

## Heart check For Over 50's

Prevent Heart Issues by *Acting NOW* and not waiting for a Heart ATTACK!!

If you have any of the following:

- High Blood pressure
- 10-15kgs overweight
- High Cholesterol
- Stressful circumstances
- Diabetes

Our Doctors would like to keep your **Heart Healthy,** so *YOU ENJOY* a longer happier life. So, Book an Appt for a full Check Up. Includes Lifestyle, Tests, ECG and *follow up* if needed

**Bracken Ridge Shopping Plaza** 

Shop 26, 250 Telegraph Road, Bracken Ridge QLD 4017

Ph 07 3261 7000

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## BONE HEALTH "CAPTURE THE FRACTURE"

ACT NOW by booking in for "Bone Health Check" Don't wait for a HIP or SPINAL FRACTURE!!

You are AT RISK if you have had:

- Reflux Medication
- Previous Fracture/Falls
- Breast/Prostate Cancer
- Fibromyalgia
- Thyroid/Kidney Issues
- Early Menopause (<45)
- Coeliac Disease
- Diabetes
- Family history
- Sedentary Lifestyle

Anyone over 70yrs.

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